



# INFOPACK

# Reducing Waste, Preserving Tomorrow!

YOUTH EXCHANGE

2024-3-TR01-KA152-YOU-000289644



Co-funded by  
the European Union





**Arrival Day:** 31.10.2024

**Dates of the Youth Exchange:**

01.11.2025-06.11.2025

**Departure Day:** 07.11.2025

**Selection of Participants:** 01.08.2025

**Deadline for Buying Travel Tickets:**  
25.08.2025

## Topics of the exchange:

This initiative offers you the opportunity to strengthen your ecological skills by participating in a 'zero waste' project.

Here, you will engage in practical cooking workshops, learn how to reduce waste, and discover innovative ways to reuse leftovers. Additionally, the project aims to enhance soft skills and foster understanding of EU values such as cultural diversity and equality. The costs for food, accommodation, and travel (reimbursed in Euros) are all taken care of. This opportunity is free of charge and available to anyone interested in making a positive impact.



## PARTICIPANTS PROFILE

- Group size: 7 participants + one group leader
- Between 18 and 30 years old.
- Motivated to increase your knowledge of the topic
- Motivated to participate in all stages of the Erasmus+ project and work with an international group of people.
- You are eager to raise awareness of the topic and be willing to share your knowledge after the youth exchange.

You are interested in PREVENTING FOOD WASTE and have healthy habits

**Note: 3 participants of them should be selected from those with fewer opportunities**

# PARTNERS



Buruciye Gençlik ve Eğitim Derneği  
*Hosting Organization*



Stichting Jeugd Onderwijs Sport (Netherlands)



Arena i Swiat (Poland)



Beogradska akademija poslovnih i umetnickih  
strukovnih studija (Serbia)



Be Brave (N. Macedonia)



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# TRAVEL BUDGET

COUNTRY	DISTANCE	LIMIT
Serbia	500 – 1999 km	309 Euros
N. Macedonia	500 – 1999 km	309 Euros
Poland	500 – 1999 km	309 Euros
Netherlands	500 – 1999 km	309 Euros

Note: 10 Euros will be kept for transportation (organized by hosting organization) from airport to hotel for arrival and departure

## TRAVEL EXPENSES

- Travel expenses will only be reimbursed upon presentation of documents proving the amount actually paid: original invoice. Documents must include the date, price, traveler's name, destinations, and the receipt must be completely clear.
- Keep all travel documents that you will receive during your trip: boarding passes, receipts, tickets, etc. as we absolutely need them!
- Taxi rides are not refundable.

# ACCOMMODATION

Food and accommodation are provided and paid by the organizer. The travel costs will be calculated and will be refunded by bank transfer at the exchange rate (in euro €).

# ABOUT EATING

We will have 3 meals and coffee break each day. If you have any dietary restriction, let us know as soon as possible!



# WHAT TO TAKE WITH YOU

- Passport or ID card
- All travel tickets!!! (it is very important to keep all tickets, receipts and boarding passes as we can only refund your travel expenses if you have tickets)
- National snacks, specialty drinks (alcohol is forbidden in the hotel) , local music playlist for a cultural evening
- Laptop - not obligatory, but it may be useful

# ABOUT SIVAS

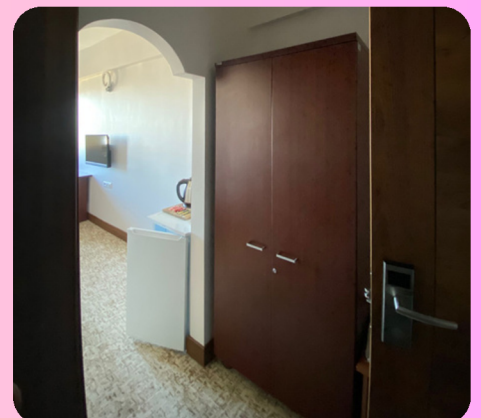
Sivas is a large city in central Turkey. It has hosted many civilizations throughout history. The city center combines modern buildings with historical sites. Atatürk Street is the most well-known street. Congress Square attracts both local and foreign visitors. Old mosques, madrasas, and historic inns can be seen in the city. Sivas has been an important trade and cultural center due to its strategic location. The center has wide streets, cafes, and shops. Sivas Cumhuriyet University is also in the city, bringing life and energy with its students. With both historical and modern structures, Sivas offers visitors a variety of experiences.



# ACCOMMODATION MIHMANDAR HOTEL



We will be accommodated in Sefa Spa Hotel. Participants will be divided into rooms by 2 or 3, with mixed nationalities. Each room has its own bathroom. Accommodation provides pool and wellness during free time. Food will be provided in the hotel or in place during project activities.



# TRAVEL OPTIONS TO SIVAS

- Direct flights from both Istanbul airports to Sivas - Direct flight from Izmir to Sivas - Flight from Istanbul to Kayseri and travelling to Sivas by

bus (3 hours)

- High Speed trains from both Istanbul and Ankara to Sivas

(<https://ebilet.tcddtasimacilik.gov.tr/>)

\* **IMPORTANT:** We cannot refund any travel costs done by taxi if there are other available options for traveling, or additional services

such as seat reservation, extra luggage, business class etc.

\* Don't buy your travel tickets before getting confirmation from sending organization!

\*You can arrive earlier or leave later: +- 3 days, but you will have to cover your own costs (accommodation and food) for those days  
The project does not cover health or travel insurance. You are responsible of obtaining your own insurance.





## **CONTACT:**

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**If you have any  
questions, don't  
hesitate to ask!**



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